

# How to Recognize an Overdose

## Know the Signs

### **Breathing slowly**

A person may move slowly, have shallow breath, make gurgling noises, or stop breathing

Z

### **Can't be woken up**

They may be awake but unable to talk or may not respond when you try to wake them

### **Turning blue**

They could look very pale or have blue fingernails and lips



### **What to do next**

Call 911, give naloxone, and begin rescue breathing if the person doesn't respond



WWW.BFRI.ORG



Source:  
**Prevent  
Overdose RI**